

Step 1- Extent Local Wellness Policy Complies with USDA Requirements and Compares to a Model Policy Tracking Tool
(make a copy for your own use)

Component	Description
Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.	<ul style="list-style-type: none"> • X Alliance for a Healthier Generation 10-step Checklist • The WellSAT 3.0 School Assessment Tool
Areas of Strength:	<p>1. Policy includes standards for all food and beverages sold on campus during the school day (we do not have vending machines or sell any snacks on site - only vended meals for lunch).</p> <p>2. Policy provides for physical activity opportunities with the use of new curriculum.</p> <p>3. Policy provides/includes specific goals for other school-based activities promoting wellness.</p>
Opportunities for Improvement	<p>1. Working with teachers/staff to offer rewards to students that aren't empty-calorie food rewards.</p> <p>2. Better communication with families (parents and students) about meal patterns (food pyramid) and healthy eating.</p> <p>3.</p>
As a result of the comparison, was new language adopted in the LSWP?	<p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?	<p>We have adopted new PE curriculum for use with all of students (wording on page 3 of our Wellness Policy).</p> <p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>

Component	Description
Describe the next steps for strengthening your LSWP.	We will do another review of our policy with parents, faculty, and the school board in the coming year to work on the weak areas in our policy.

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Discussion/Notes:

Step #2: Progress in Reaching LSWP Goals Template

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Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u>			
1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal	Providing nutrition education in our classrooms - <u>partially met</u>	Our 6th-8th grade class does address nutrition in their science curriculum. Our younger grades don't have a specific unit on nutrition, but we will be working on incorporating that this coming school year	https://drive.google.com/file/d/1cfVDml84bNoA0NH-IRkKRD_TkPX4vzmA/view?usp=drive_link
Physical Activity Goal(s)- record goal	Including structurePE classes in our classrooms - <u>Yes</u>	Purchase of SPARK PE curriculum that is being used with all of our classrooms.	https://drive.google.com/file/d/17arrmc7Wz2iUo0LCzkUwVJadYbGNrY_4/view?usp=drive_link
Other student wellness Goal(s)- record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i>	Incorporating social/emotional learning as part of our classroom orientations at the beginning of the school year - <u>not met</u>	This summer, teachers will be building lesson plans that incorporate social/emotional learning to be used at the beginning of the coming school year	Principal will have copies of lesson plans from each teacher when the school year starts in the fall.

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
Additional Goal(s) <i>Add more rows as needed</i>			

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Step #3- Extent of Compliance for All Schools with the LSWP

(Make a copy for your use)

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education/Promotion Goal(s)			1 - Good Shepherd
Physical Activity Goal(s)			1 - Good Shepherd
Other Student Wellness Goal(s)			1 - Good Shepherd
Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance			
<u>Federal/State Meal Standards are Met</u>			1 - Good Shepherd
Foods Offered but Not Sold to Students Standards			1- Good Shepherd
Food and Beverage Marketing (<u>SMART Snacks regulations</u>- ala carte and vending, food sales during the school day)			1 - Good Shepherd (only a la carte is milk)

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	X <input type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification- how are you notifying the public about your assessment results?	X <input type="checkbox"/> Yes <input type="checkbox"/> No
Triennial Assessment- is this posted publicly? Provide the link	X <input type="checkbox"/> Yes https://www.goodshepherdomaha.com/about-us <input type="checkbox"/> No

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